



Sugar Creek Baptist Church

Policy for Communicable Diseases Including COVID- 19

Every adult who is responsible for providing care for our participants must be willing to comply with our league's infection control measures. In consideration of being allowed to participate in **Upward Sports at Sugar Creek Baptist Church**, have read and understand, including the risks of presence and participation and our families' responsibility for following the rules and regulations for protection against communicable diseases. I, for myself, and spouse consent to the following:

1. Participation includes possible exposure to and illness from infectious diseases including but not limited to MRSA, influenza, and COVID-19. While rules and personal discipline may reduce this risk, the risk does exist.
2. WE KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES or others and assume full responsibility for my child/ward's participation.
3. If I become aware of, or if my child/ward informs me of, any unusual or significant hazard during my presence or my child/ward's participation, I will remove my child/ward from participation and promptly bring the matter to the attention of a representative of the Upward league.
4. I, for myself and on behalf of my spouse and child/ward and our heirs, assigns, personal representatives and next of kin, HEREBY RELEASE AND HOLD HARMLESS Sugar Creek Baptist Church, their officers, agents, and/or employees, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and lessors of premises used to conduct the event ("RELEASEES"), WITH RESPECT TO ANY AND ALL ILLNESS, DISABILITY, DEATH, or loss or damage to person, WHETHER ARISING FROM THE NEGLIGENCE OF RELEASEES OR OTHERWISE, to the fullest extent permitted by law.

I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT UPON LEAGUE REGISTRATION I HAVE GIVEN UP SUBSTANTIAL RIGHTS FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

Your family's safety is a priority and we ask that you follow these guidelines while at any Upward Sports event:

- All staff, volunteers, and children in grade Kindergarten and older are asked to wear a face mask at all times.
 - Basketball Players will not be required to wear a mask during their 1-hour practice and/or game.
- Social Distancing will be followed:
 - Team sizes limited to 8 or less players.
 - All seating will be spaced apart and spectators will be asked to maintain social distancing from non-family members when seated in the gym.
- Hand sanitizer will be used during practice and games.
- All equipment will be disinfected prior to being used. Staff and volunteers will be trained on appropriate cleaning and disinfection.

Health and Safety Procedure

KEEP YOUR CHILD/ CHILDREN AT HOME IF THEY ARE SICK.

PRIOR TO ENTERING OUR FACILITY, ALL PERSONS WILL SELF-SCREEN FOR ANY OF THE FOLLOWING SYMPTOMS:

- Children or Staff who have a temperature of 100.3 F or above, has signs or symptoms of respiratory infection, such as cough, shortness of breath, sore throat, will **NOT** be admitted to the facility.
- ANY of the following symptoms:
 - temperature of 100.3 F or above (must be fever free without medication for 24 hrs.)
 - signs or symptoms of respiratory infection, such as cough, shortness of breath, sore throat
 - Loss of taste or smell
 - Runny nose
 - Unexplained rashes
 - Cold symptoms
 - Vomiting/diarrhea in the last 24 hrs.
- If individuals have fever, cough or shortness of breath and have not been around anyone who has been diagnosed with COVID-19, they should stay home **72 hours (3 days)** after the fever is gone and symptoms subside. If the individual's symptoms worsen, the individual should contact a health care provide to determine whether testing for COVID-19 is recommended.
- Parents or staff must inform the facility immediately of the individual's diagnosis.
- If we have a confirmed case of COVID-19 among an individual participant, the Upward staff will notify affected parents or guardians of possible exposure to a lab-confirmed case.
- If three or more teams have individuals test positive for COVID-19, the Upward staff will work with state and local health authorities about continued operations of the league.

Guidelines for returning to practice or games for other illnesses:

<u>Symptoms</u>	<u>Stay Home</u>	<u>When child CAN return:</u>
Diarrhea	YES	24 hours AFTER last episode
Vomiting	YES	24 hours AFTER last episode
Lice	YES	AFTER first treatment
Strep Throat	YES	24 hours after first treatment as prescribed
Unexplained Rash	YES	Rash is gone or doctor's note
Mouth Sores	YES	When mouth sores are gone or doctor note
Pink/ Red eye with oozing	YES	After initial dose of medication or doctor note

By entering the building, individuals certify that no such signs or symptoms exist.

***Policies are subject to change based on current health recommendations from local and national authorities.
All Sugar Creek Baptist Church policies will supersede the Upward League policies.***