

FINDING PEACE IN A PRESSURED WORLD

Part 6 – Why We Can Stop Worrying Psalm 23:6

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1. INTRODUCTION

Psalm 23:1-6 The Lord is my shepherd; I shall not want. ² He makes me to lie down in green pastures: he leads me beside the still waters. ³ He restores my soul: he leads me in the paths of righteousness for his name's sake. ⁴ Yea, though I walk through the valley of the shadow of death, I will fear no evil: for thou art with me; thy rod and thy staff they comfort me. ⁵ Thou prepares a table before me in the presence of mine enemies: thou anoints my head with oil; my cup runs over. ⁶ Surely goodness and mercy shall follow me all the days of my life: and I will dwell in the house of the Lord forever.

2. WE CAN DEAL WITH THE PRESSURE OF THE UNKNOWN WHEN WE INTERNALIZE THE TRUTH THAT GOD IS **GOOD**.

- A. Psalm 23:6 *Surely Goodness ... will follow me all the days of my life.*
- B. Psalm 100:5 *For the LORD is **good** and His love endures forever; His faithfulness continues through all generations.*
- C. Psalm 34:8 **Taste** and see that the LORD is **good**; blessed is the man who takes refuge in him.
- D. Nahum 1:7 *The LORD is **good**, a refuge in times of trouble. He cares **for those who trust in him...***

- E. *Psalm 91:1, 4 He who dwells in the shelter of the Most High will rest in the shadow of the Almighty. ⁴ He will cover you with his feathers, and under his wings you will find refuge...*
3. WE CAN DEAL WITH THE PRESSURE OF THE UNKNOWN WHEN WE INTERNALIZE THE TRUTH THAT GOD IS **MERCIFUL**.
- A. *Psalm 23:6 Surely goodness and **mercy** will follow us all the days of our life.*
- B. *Isaiah 60:10 I will have mercy on you through My grace.*
1. Grace is God giving to us what we **need**.
 2. Mercy is God **not** giving to us what we do deserve.
- C. *Psalm 103:2-11 I will... not forget the glorious things God does for me. He forgives all my sins. He heals me. He ransoms me from hell. He surrounds me with loving-kindness... He fills my life with good things ... He is merciful and tender toward those who don't deserve it; He is slow to get angry... He never bears a grudge ... He has not punished us as we deserve for our sins for His mercy is as great as the height of the heavens. ... He is like a Father to us, tender and sympathetic to those who reverence Him.*
- D. *Psalm 23:6 Surely goodness and mercy shall follow me all the days of my life; And I will dwell in the house of the Lord Forever.*
- E. *James 1:17 Every good and perfect gift is from above, coming down from the Father of the heavenly lights, who does not **change** like shifting shadows.*
4. WE CAN DEAL WITH THE PRESSURE OF THE UNKNOWN WHEN WE INTERNALIZE THE TRUTH THAT GOD HAS SAVED THE BEST FOR **LAST**.
- A. *Psalm 23:6 Surely goodness and mercy shall follow me All the days of my life; And I will dwell in the house of the Lord **Forever**.*
- B. *2 Corinthians 5:1 We know that our body will be destroyed. But when that happens, God will have a house for us. It will not be a house made by human hands; instead, it will be a home in heaven that will last **forever**.*
- C. *John 14:2-3 In My Father's house are many mansions; if it were not so, I would have told you. I go to prepare a place for you. ³ And if I go and prepare a place for you, I will come again and receive you to Myself; that where I am, there you may be also.*
- D. Heaven is simply where **God** is.
- E. This life is just the **preparation** for that time.

- F. *James 4:14 ...What is your life? You are a mist that appears for a little while and then vanishes.*

- G. *1 John 5:12-13 He who has the Son **has** life; he who does not have the Son of God does not have life. ¹³ I write these things to you who believe in the name of the Son of God so that you may know that you have eternal life.*

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Notes:
